

North Pittsburgh Area Service Committee of Narcotics Anonymous (NPASCNA)

Saturday, February 23rd

Russel, Chair, opened the meeting with the Serenity Prayer (5:00pm).

Mike read the twelve concepts

Gwen read the twelve traditions

Roll call of Trusted Servants

<u>Position</u>	<u>Trusted Servant</u>	<u>Attendance</u>
Chair	Russel	Present
Vice Chair	VACANT	N/A
P&A Chair	VACANT	N/A
Secretary	Ally	Present
Vice Secretary	Carl	Absent
Treasurer	VACANT	N/A
Alternate Treasurer	Gina	Present
H&I Chair	VACANT	N/A
Activities Chair	Chuck	Present (not at initial roll call)
PR Chair	VACANT	N/A
RCM	Jason	Present
Alternate RCM	VACANT	N/A
Literature Coordinator	Natalie	Present
Vice Literature Coordinator	VACANT	N/A
Area Board Rep (ABR)	Jim	Present
Start to Live (STL) Programming	VACANT	N/A
Liaison		
Web Coordinator	VACANT	N/A

Russel opened the floor for introductions of new GSRs. The following GSRs were present as new:

- Sean, GSR, Are We There Yet?
- Hayley, GSR, Sunday Surrender
- James, Alternate GSR, Second Chance
- Gen, GSR, Chapter 7 Relapse and Recovery
- Roger, Alternate GSR, NA Way

A count of all voting GSRs/Alt GSRs was taken: 22.

Last months' minutes were accepted with no modifications/edits.

Group reports to follow (check mark indicates present with no donations or announcements)

Meeting	Announcements
Afternoon Delight	✓
Are We There Yet	Need Homegroup Members
Atmosphere of Recovery	Anniversary 4/23, more to be revealed
Bellevue Beginners	✓

Meeting	Announcements
Chapter 7 –Relapse and Recovery	Need homegroup members
Cranberry Bigfoot	
Cranberry Candlelight	
Discovery in Recovery	
Expect a Miracle	
Food for Thought	
Garden of Hope	✓
Growing Stronger	
H.A.L.T. Group	
Help Us Help You	
Higher Power Group	✓
Hopeful Horizons	
It Gets Better	
Just For Thursday	\$300 donation
Keeping it real	
Keep On Stepping 2	
Lawrenceville Group	\$200 donation
Let's Get Honest	
Liberty Group	
Living in Recovery	Anniversary 2/28, food, fun, fellowship 6pm, mtg 7pm Need homegroup members
Living the Program	
Lost Chapel	\$200 donation
Miracle on Main St	
Monday Night Solutions	✓
Monday Night Surrender	
NA Way	Meeting upstairs until further notice d/t renovations
Need a Miracle	Anniv 4/16, food, fun, fellowship 7pm; speaker at 8pm \$44.95 donation
North Hills Group	
Real Deal	
Saturday Night Live	✓
Saturday Night Recovery	\$100 donation
Second Chance	✓
Serenity Café	✓
Sharpsburg Group	\$207.19 donation

Meeting	Announcements
Simply Recovery	
Staying Clean for Dummies	
Sunday Surrender	✓
Talking Text	
Text Messages	Need homegroup members and support
The Plot Thickens	Need homegroup members and support
Vets and Friends	Need homegroup members and support
We Are Hooked on Hope	
We Have a Choice	
We is the Key	Need homegroup members
Women Strong	

There were no nominations for Area positions.

Russel shared his experience in having his Sponsor encourage him to get involved in Area Service. He discussed our ability as trusted servants to alter the perception of what it means to serve and be part of area service. There was a time when there was a waiting list to get involved in service, now there are always open positions. He encouraged all of us to work to attract others to positions of service and encourage your sponsees to join. At a homegroup level, you can decide what sort of announcement your group wants to make in regards to encouraging people to get involved and fill the open positions.

Ally, Secretary, reminded everyone that in addition to the Area positions, the subcommittees have open positions and being involved in the subcommittees themselves does not have a clean time requirement. It's another great way to get involved.

The following positions are open:

Vice Chair
P&A Chair
Treasurer
H&I Chair
PR Chair
Alternate RCM
Vice Literature Coordinator
Start to Live (STL) Programming Liaison
Web Coordinator

There were no nominations for non-Area (Regional) positions.

We will now do subcommittee reports

Public Relations (PR) Subcommittee Chair position is vacant. No report was provided.

H&I Subcommittee Chair position is vacant but Brad H continues to provide oversight for as long as he can. See subcommittee report (pg 6). Expenses reflect hoagie and drinks for H&I workshop held prior to area.

Regional Committee Member Report (RCM) – Jason provided his report as (pgs 7-9) well as documentation from the most recent Regional meeting which will be uploaded to the website (Region_February Minutes). There is a motion to be voted on at the homegroups (February motion and back-up).

Motion is outlined below.

New Motion presented by P&A Chairperson on 2/16/19, To Keep the \$2500.00 check from Visiterie.com from the Start to Live Convention.

Intent: to deposit back into funds for Start to Live Convention

NPASCNA requested the email provided by check writers as to the intent of the provided monies. Waiting on the email from TSRSCNA

Additional details from discussion:

“Visiterie.com” is how we book the STL convention. This check represents an ‘incentive’ they provide to all of their customers to encourage you to book with them again in the future. They provide this monies regardless of whether or not we’re NA or some other entity. The question is, is it acceptable for NA to receive this money and keep it.

Jim, BOD Representative, noted that the BOD voted to accept the funds but with the increase in questions about whether or not it was fair or a tradition violation, let them to turn this matter over to the homegroups. The question was asked regarding what would happen to the money if we did not accept it – it would be ‘returned’ to Visiterie (we have not cashed the check, so it would be voided).

Ally, Secretary, reminded everyone that the motion(s) are listed under Area Service Resources, Area Documents. In addition to being in the email with the minutes, the motion(s) are posted there for you to review with your homegroup.

P&A Subcommittee – Chair position is vacant, no report was provided. Russel did indicate that we would like to, as an Area, continue to review and modify policies as we had been doing. Those meetings will continue and you will be notified when they occur (all are welcome).

Activities Subcommittee – Chuck P provided a report. (pg 10) He emphasized that all proceeds from the upcoming comedy show go towards the Summer picnic. The funds they are collecting are in order to provide additional activities at the Area level and to show addicts that you can have fun in recovery.

Ally, Secretary, clarified/reiterated that although the Activities subcommittee’s balance at the start of the Area’s “fiscal year” is \$450, all funds collected remain in their reserve and are not reallocated to the Area in any manner, even if at the close of the fiscal year their account holds more than \$450.

Website – Chair position vacant. As secretary, it is Ally’s responsibility to fulfill this role. The website is being updated, however, there has been limited movement on the new website (which the group approved during the January Area Service Meeting). Ally has not had time but will be convening the ad hoc committee to work on that and once the website is drafted, they will bring forth questions to area for voting, as needed. It was reiterated that the chair of the website does not need to have any website experience and that the goal of this

new website is that it's intuitive and meant for someone that does not "do websites".

Start to Live Programming Liaison – position is vacant, no report was provided.

Literature Report – Natalie provided the literature report (pg 11)

Treasurer Report – Gina provided the treasurer report (pg 12-13). We will continue to provide the bank statements (pg 14-15) in the monthly minutes for transparency.

The sharing session was waived by the group.

There was one motion in old business for voting (pg 16). Voting GSRs were recounted – 21. The motion passed.

In new business, a motion was drafted to donate the amount above prudent reserve to Region. The motion passed (pg 17).

Russel reviewed the upcoming area service meetings – March 30th and April 27th. It was noted that May's Area Service (which would fall on the 25th) overlapped with Memorial Day and the Spiritual Retreat. The day is adjusted to June 1st (no voting is required).

Meeting closed (final time was not noted).

NPASCNA
SUB-COMMITTEE REPORT

Month: February

COMMITTEE NAME : H&I
COMMITTEE CHAIR : -
COMMITTEE CHAIR TELEPHONE # : -
COMMITTEE CHAIR EMAIL : -

Headie
H2O/tea

H&I Exp. 125.68

REPORT: Westford (Monday) - All meetings met

Westford (Thursday) - 3rd Thurs. 1:15 - Need panel leader

Aspinwall facility 2nd week missed

: (Adolescence) - All meetings met

ISSUE(S) - Westford (Thursday) - No Issues

- Westford (Monday) - No Issues

Aspinwall facility No Issues

(Adolescence) - No Issues

ANNOUNCEMENT(S): Need panel leader for
3rd Thursday in Westford at 1:15.

♀ panel leaders Th 7pm wk 2-5 adol.
facility Gibsonia

SUBMITTED BY: Brad Harris

(please print name) 6

NPASCNA RCM Report

February 23, 2019

Region met February 16, 2018 at the TRSO. There were 11 out of 21 areas in attendance. Copies of all available Area Reports, BOD/ TRSO Reports and TSRSCNA Reports will be provided to our Secretary for anyone's reference and will be posted on northpittsburghna.org as a pdf. I can also provide copies of these reports for anyone's reference and review. Available Flyers for events inside and outside of our Region have been placed on our information table and given to our Secretary. Regional event postings can also be accessed via www.tsrscna.org. On the right hand side of this page there is an Events button that can be clicked and this page will have the events that can be clicked on which will bring up the event flyer/info.

Our Regional Delegate (RD) and the TSRSCNA Chair attended MARLCNA. There were workshops on new literature as well as other facets of service. Our RD has offered to provide workshops on the new Mental Health IP for our input and on the Zonal Forums Consensus-Based Decision Making, Functions and Purpose. I would like to propose to NPASCNA that we hold a Workshop on these topics.

The TRSO is also continuing to update the inventory/sales systems to utilize the Square System. There is a new price list for our literature available in print and via www.tsrscna.org.

The Start to Live/TSRCNA has received a check for \$2500.00 from Visiterie.com. I requested a copy of the email explaining the purpose of this check and there is a motion to keep the money. The check was kept last year without a vote.

North Eastern Zonal Forum is making several proposals for our consideration. These proposals will be provided as soon as they are emailed to me from Regional Representatives.

An Ad Hoc Committee was formed in August to investigate other Zonal Forums that might better represent our region. More will be revealed.

- Looking for more cost effective
- Easier for our members to access and attend

MOTIONS

Passed Motion 2 presented on 12/08/18, Add TSRSCNA Guidelines and Policies, Page 1, Section III, the below Region Boundary Map. (Copy of Original Motion Sheet Includes Map)

Intent: To provide a visual representation of our boundaries in the Tri-State Region

Amended and waiting for the language - Motion 3 presented on 12/08/18, Add to TSRSCNA Guidelines and Policies, Page 1, Section III, the below italicized (new) paragraph to existing (bold) to say:

Starting at the West Virginia panhandle, West into Eastern Ohio, North to the Pennsylvania/New York border and East to State College, Pennsylvania and South to the Pennsylvania /West Virginia border. Hence the name Tri-State Region.

Twenty-three counties with TSRSCNA meetings in PA include Allegheny, Armstrong, Beaver, Bedford, Blair, Butler, Cambria, Centre, Clearfield, Crawford, Erie, Fayette, Greene, Indiana, Jefferson, Lawrence, McKean, Mercer, Somerset, Venango, Warren, Washington, and Westmoreland. Four counties in West Virginia with TSRSCNA meetings include Brooke, Hancock, Marshall, and Ohio. Two counties in Ohio with TSRSCNA meetings include Belmont and Jefferson.

Intent: To clarify actual accurate boundaries; to better inform TSRSCNA committees and provide better service to areas in the region.

New Motion presented by P&A Chairperson on 2/16/19, To Keep the \$2500.00 check from Visiterie.com from the Start to Live Convention.

Intent: to deposit back into funds for Start to Live Convention

NPASCNA requested the email provided by check writers as to the intent of the provided monies. Waiting on the email from TSRSCNA

There are several Proposals being brought forth by the North Eastern Zonal Forum which we are a part of at this point. They are a Consensus-based Decision Making Body. We are waiting on all of the proposals from our Regional Delegate.

Open Positions at Region

- Vice Chair, Vice Secretary, H&I Vice Chair, Treasurer, Vice Treasurer, P&A Vice Chair, PR Chair, PR Vice Chair, Additional Needs Chair, Web Chair, Web Vice Chair, 1 At Large Positions for the BOD
- There is a flyer containing this information included in the Minutes_October 2018 file. This contains the Clean time requirements for the positions. These positions and their corresponding Clean time and responsibilities are also available on www.tsrscna.org.

Positions Filled at 2/16/19 Regional Meeting

1. **At Large Position for BOD** - Steve C. from Beechwood Group in EEANA
2. **Regional Alternate Delegate** – Toni C from Turning Point Group in PASNA

Events

Tri-State Spiritual Retreat – How It Works: The Sponsor Sponsee Dinner

March 10, 2019 at Trinity Lutheran Church, 120 Sunset Dr, Butler, PA 16001. Dinner at 3 pm and Speakers at 4pm. Tickets are \$10.00 and available through Trusted Servants. More info available through Mark B at 724-900-6536.

Tri-State Spiritual Retreat 37 – Its Available To Us All

May 24th through May 26, 2019 at Camp Twin Echo, 115 Twin Echo Dr, New Florence, PA 15944. Details to be revealed.

Tri-Area Convention 4

June 7 through June 9, 2019 at the Double Tree by Hilton in Greentree, 500 Mansfield Ave, Pittsburgh, PA 15205. Registration is \$25.00.

Thanks to all the members for allowing me the honor to be of service. Please reach out to me if you have any questions. The next regional meeting is April 13, 2019 at 10:30 am at the TSSO.

Jason K. – Need A Miracle

Activities Subcommittee Report

NPASCNA

SUB-COMMITTEE REPORT

Month: February

COMMITTEE NAME : Activities

COMMITTEE CHAIR : Chuck Pe

COMMITTEE CHAIR TELEPHONE # :

COMMITTEE CHAIR EMAIL : mail.com

REPORT: Planned: Final Touches for Comedy show
3/23, discussed 6/9 Picnic at Bellevue
Memorial Park (Booked), Discussed other
Activities: Bowling, Magic Show

ISSUE(S): None

ANNOUNCEMENT(S): Area Picnic June 9th
Bellevue Memorial Park
More to be revealed

SUBMITTED BY: _____

(please print name)

**NPASCNA
SUB-COMMITTEE REPORT**

Month: FEBRUARY 2019

COMMITTEE NAME : LITERATURE
COMMITTEE CHAIR : NATALIE H
COMMITTEE CHAIR TELEPHONE # : (
COMMITTEE CHAIR EMAIL : _____

REPORT: START 1,674.90
BOUGHT 954.23

TOTAL 2,629.13

SOLD. 227.25

TOTAL 2,401.88

EST 200.00

ISSUE(S): _____

ANNOUNCEMENT(S): THANK YOU EVERYONE FOR GETTING
YOUR ORDERS IN EARLY!

SUBMITTED BY: NATALIE H

(please print name)₁₁

2019 AREA TREASURER REPORT

FEBRUARY

GRAND TOTAL BEGINNING BALANCE	\$2,000.00
AREA SERVICE BEGINNING BALANCE	\$1,550.00
ACTIVITIES BEGINNING BALANCE	\$450.00

GROUP DONATIONS

Afternoon Delight	\$ -
Are We There Yet	\$ -
Atmosphere of Recovery	\$ -
Bellevue Beginners	\$ -
Chapter 7 Relapse & Recovery	\$ -
Cranberry Bigfoot	\$ -
Cranberry Candlelight	\$ -
Discovery in Recovery	\$ -
Expect a Miracle	\$ -
Garden of Hope	\$ -
Growing Stronger	\$ -
H.A.L.T. Group	\$ -
Help Us Help You	\$ -
Higher Power Group	\$ -
Hopeful Horizons	\$ -
It Gets Better	\$ -
Just for Thursday	\$ 300.00
Keeping It Real	\$ -
Keep On Stepping 2	\$ -
Lawrenceville Group	\$ 200.00
Let's Get Honest	\$ -
Liberty Group	\$ -
Living in Recovery	\$ -
Living the Program	\$ -
Lost Chapel	\$ 200.00
Miracle on Main	\$ -
Monday Night Serenity	\$ -
Monday Night Solutions	\$ -
NA Way	\$ -
Need a Miracle	\$ 44.95
North Hills Group	\$ -
Real Deal	\$ -
Saturday Night Live	\$ -
Saturday Night Recovery	\$ 100.00
Saxonburg 12 & 12	\$ -
Second Chance	\$ -
Serenity Café	\$ -
Sharpsburg Group	\$ 207.19
Simply Recovery	\$ -
Staying Clean for Dummies	\$ -
Sunday Surrender	\$ -
Talking Text	\$ -
Text Messages	\$ -
The Plot Thickens	\$ -
Vets and Friends	\$ -
We Are Hooked on Hope	\$ -
We Have a Choice	\$ -
We is the Key	\$ -
Woman with Dignity	\$ -
Zelienople Group	\$ -
Monthly Group Donation Total	\$ 1,052.14
Monthly Area Literature Purchases	\$ 227.25
Voided or Returned Check(s)	\$ -
TOTAL INCOME	\$ 1,279.39

EXPENSES

PAYABLE TO	CHECK #	NOTE	AMOUNT
Activities Increase		Annual Refunding	\$ -
Berkeley Hills		Church Rent	\$ -
Brad Hanes	1615	H & I Workshop	\$ (16.60)
Gina Brown		Treasurer	\$ -
Gina Brown	1616	H&I Workshop	\$ (106.98)
HostGator.com		Annual Domain	\$ -
HostGator.com		Hatchling	\$ -
Jason Knapton		RCM	\$ -
PNC Bank		Bank Fee	\$ -
PNC BANK		Returned Check Fee	\$ -
PNC Bank		Stop Payment Fee	\$ -
Russel Sienko		Area Chair	\$ -
TSRSCNA	1619	Region Donation	\$ (201.58)
TSRSO		H&I Literature	\$ -
TSRSO	1617	Area Literature	\$ (954.23)
USPS		PO Box Fee	\$ -
EXPENSES TOTAL			\$ (1,279.39)

ACTIVITIES

BEGINNING BALANCE		\$ 450.00
<u>INCOME</u>		
Bike Run		\$ -
Bowling Party		\$ -
Donation		\$ -
Hayride		\$ -
Re-funding		\$ -
Summer Picnic		\$ -
T-Shirts		\$ -
INCOME TOTAL		\$ -
<u>EXPENSE</u>		
Bike Run		\$ -
Bowling Party		\$ -
Comedy Show	1618	\$ (260.00)
Hayride		\$ -
Summer Picnic	1618	\$ (190.00)
T-Shirts		\$ -
EXPENSE TOTAL		\$ (450.00)
ACTIVITIES ENDING BALANCE		\$ -

AREA SERVICE ENDING BALANCE \$1,550.00
AREA & ACTIVITIES ENDING BALANCE \$1,550.00

Business Checking

PNC Bank



For the Period 01/24/2019 to 02/21/2019

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Number of enclosures: 0

NPASCNA

- For 24-hour banking sign on to
- PNC Bank Online Banking on pnc.com
- FREE Online Bill Pay

For customer service call 1-877-BUS-BNKG
 Monday - Friday: 7 AM - 10 PM ET
 Saturday & Sunday: 8 AM - 5 PM ET

Para servicio en español, 1-877-BUS-BNKG

Moving? Please contact your local branch

- Write to: Customer Service
 PO Box 609
 Pittsburgh, PA 15230-9738
- Visit us at PNC.com/smallbusiness
- TDD terminal: 1-800-531-1648
 For hearing impaired clients only

POSTED

Watch Out for Text Scams

Be careful of unexpected text messages that may appear to come from PNC, asking you to follow links or provide personal information. PNC will never ask you to click a link in a text message to provide personal or account information. If you think you may have responded to a fraudulent text, immediately change your PNC passwords, then contact us at 1-800-762-2035.

Npascna

Business Checking Summary

Account number:

Overdraft Protection has not been established for this account.
 Please contact us if you would like to set up this service.

Balance Summary

Beginning balance	Deposits and other additions	Checks and other deductions	Ending balance
2,219.26	1,725.54	792.71	3,152.09
Average ledger balance	Average collected balance		
3,285.61	3,250.40		

1152.09 = ~~2000.00~~
 CHK # 1614
 (Not Cleared)

Deposits and Other Additions

Description	Items	Amount
Deposits	2	1,725.54
Total	2	1,725.54

Checks and Other Deductions

Description	Items	Amount
Checks	4	792.71
Total	4	792.71

Daily Balance

Date	Ledger balance	Date	Ledger balance	Date	Ledger balance
01/24	2,219.26	02/04	3,668.22	02/11	3,152.09
01/28	3,934.80	02/08	3,172.09		

Activity Detail

Deposits and Other Additions

Deposits

Date posted	Amount	Transaction description	Reference number
01/28	609.46	Deposit	032595409
01/28	1,116.08	Deposit	032595427

Business Checking

For 24-hour account information, sign-on to
pnc.com/mybusiness/

For the Period 01/24/2019 to 02/21/2019
 Npascna

Business Checking Account Number:

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Checks and Other Deductions

Checks and Substitute Checks

* Gap in check sequence

Date posted	Check number	Amount	Reference number	Date posted	Check number	Amount	Reference number	Date posted	Check number	Amount	Reference number
02/08	1609 *	496.13	076539965	01/28	1612	10.00	071659503	02/11	1613	20.00	070142212
02/04	1611 *	266.58	071112250								

Detail of Services Used During Current Period

Note: The total charge for the following services will be posted to your account on 02/22/2019 and will appear on your next statement as a single line item entitled Service Charge Period Ending 02/21/2019.

Description	Volume	Amount	Requirements Met
Account Maintenance Charge		.00	Included in Account
Combined Transactions	32	.00	Included in Account
Checks Paid	4	.00	Included in Account
Deposited Item - Consolidated	26	.00	Included in Account
Deposit Tickets Processed	2	.00	Included in Account
Total For Services Used This Period		.00	
Total Service Charge		.00	

NPASCNA MOTION SUBMISSION FORM

DATE :

01/26/19

MOTION :

To allow \$40 food per
diem for any NPASCNA
Travel with receipts

INTENT :

To cap expenses on meal
reimbursement during travel

INITIATED BY :

Gina B.

SECONDED BY :

Ann O.

σ

For Secretary Use Only - Vote Count

IN FAVOR :

Motion passed 2/23/19

OPPOSED :

ABSTAINED :

RESULT :

NPASCNA MOTION SUBMISSION FORM

DATE :

02.23.19

MOTION :

TO DONATE \$201.58
TO REGION

INTENT :

CONTINUE TO CARRY THE MESSAGE

INITIATED BY :

NICK CO. (NEED A MIRACLE)

SECONDED BY :

Owen T. (AFTERNOON Delight)

For Secretary Use Only - Vote Count

IN FAVOR :

Passed 2/23/19

OPPOSED :

ABSTAINED :

RESULT :